

## SUMMARISED STATEMENT OF COMPREHENSIVE REVENUE AND EXPENSES

	12 Months to 30 June 2015	9 Months to 30 June 2014
	\$	\$
<b>Revenue from Exchange Transactions</b>		
Canterbury District Health Board	4,586,018	3,330,083
Ministry of Social Development	378,636	181,853
Accommodation/Rental/IRRS	974,526	656,390
Interest Received	31,929	21,168
Other Operating Revenue	30,284	20,577
Depreciation Recovered	-	16,567
	<u>6,001,393</u>	<u>4,226,638</u>
<b>Revenue from Non-exchange Transactions</b>		
Canterbury Community Trust - Conditional Capital Grant	1,070,000	-
Social Housing Unit - Conditional Capital Grant	1,272,007	730,000
	<u>2,342,007</u>	<u>730,000</u>
<b>Total Revenue</b>	<u>8,343,400</u>	<u>4,956,638</u>
<b>Expenses</b>		
Audit Fees	9,863	15,592
Interest Expense	83,064	20,329
Rental Expense	417,865	366,160
Wages	3,315,075	2,433,092
Other Operating Expenses	1,416,339	972,244
Depreciation	343,650	220,928
Net Loss on Disposal of Fixed Assets	9,726	4,993
<b>Total Expenses</b>	<u>5,595,581</u>	<u>4,033,337</u>
<b>Total Surplus / (Deficit) for the Period</b>	<u>2,747,820</u>	<u>923,301</u>
<b>Total Comprehensive Revenue and Expenses for the Period</b>	<u>2,747,820</u>	<u>923,301</u>

## SUMMARISED CASH FLOW STATEMENT

	12 Months to 30 June 2015	9 Months to 30 June 2014
	\$	\$
<b>Cash Flows from Operating Activities</b>		
<b>Receipts</b>		
Receipts from Non-exchange Transactions	2,342,007	730,000
Receipts from Exchange Transactions	5,958,315	4,226,638
	<u>8,300,322</u>	<u>4,956,638</u>
<b>Payments</b>		
Payments to Suppliers	2,033,719	1,356,213
Payments to Employees	3,315,075	2,433,092
Interest Paid	83,064	20,329
	<u>5,431,857</u>	<u>3,809,634</u>
<b>Net Cash Flows from Operating Activities</b>	<u>2,868,464</u>	<u>1,147,005</u>
<b>Cash Flows from Investing Activities</b>		
<b>Receipts</b>		
Sale of Fixed Assets	5,398	36,543
<b>Payments</b>		
Purchase of Fixed Assets	(164,429)	(3,148,884)
Building Work In Progress	(2,081,171)	(42,299)
<b>Net Cash Flows from Investing Activities</b>	<u>(2,240,202)</u>	<u>(3,154,640)</u>
<b>Cash Flows from Financing Activities</b>		
<b>Receipts</b>		
Loan Drawdown	1,150,000	1,000,000
Conditional Grants Received in Trust	-	100,000
<b>Payments</b>		
Loan Repayment	(817,026)	(50,630)
	<u>332,974</u>	<u>1,049,370</u>
<b>Net Cash Flows from Financing Activities</b>	<u>332,974</u>	<u>1,049,370</u>
<b>Net Increase/(Decrease) in Cash and Cash Equivalents</b>	<u>961,235</u>	<u>(958,265)</u>
<b>Cash and Cash Equivalents at Beginning of Period</b>	<u>728,801</u>	<u>1,687,067</u>
<b>Cash and Cash Equivalents at End of Period</b>	<u>1,690,036</u>	<u>728,801</u>

## SUMMARISED STATEMENT OF FINANCIAL POSITION

	2015	2014
	\$	\$
<b>ASSETS</b>		
<b>Current Assets</b>		
Cash & Cash Equivalents	1,690,036	728,801
Receivables from Exchange Transactions	537,320	494,242
Prepayments	135,687	1,872
<b>Total Current Assets</b>	<u>2,363,044</u>	<u>1,224,915</u>
<b>Non-current Assets</b>		
Property, Plant & Equipment	12,262,799	11,878,566
Building Work In Progress	2,939,349	1,357,332
<b>Total Non-current Assets</b>	<u>15,202,148</u>	<u>13,235,898</u>
<b>Total Assets</b>	<u>17,565,191</u>	<u>14,460,812</u>
<b>LIABILITIES</b>		
<b>Current Liabilities</b>		
Payables	721,271	663,213
GST Payable	99,508	133,980
Current Portion of Long-term Borrowings	104,611	68,026
<b>Total Current Liabilities</b>	<u>925,389</u>	<u>865,219</u>
<b>Non-current Liabilities</b>		
Term Loans	2,368,310	2,035,336
Current Portion of Long-term Borrowings	(104,611)	(68,026)
Suspensory Loans	279,764	279,764
<b>Total Non-current Liabilities</b>	<u>2,543,463</u>	<u>2,247,074</u>
<b>Total Liabilities</b>	<u>3,468,852</u>	<u>3,112,293</u>
<b>Net Assets</b>	<u>14,096,339</u>	<u>11,348,519</u>
<b>NET ASSETS/EQUITY</b>		
Accumulated Funds	10,793,732	7,768,878
Accommodation Development Reserve	-	277,035
Asset Revaluation Reserve	3,302,607	3,302,607
<b>Total Net Assets/Equity</b>	<u>14,096,339</u>	<u>11,348,519</u>

## Comcare's Mission:

To contribute positively to the recovery of people who experience mental illness, through the provision of quality community services, social housing and by supporting mental health sector development

For more information on Comcare Services, please refer to [www.comcare.org.nz](http://www.comcare.org.nz)

## DIRECTORY

## Board 2015

Professor Andrew Hornblow (Patron/Trustee)  
 Assoc. Prof. Pauline Barnett (Chair)  
 Mr David Griffiths (Deputy Chair)  
 Mrs Sandy Lockhart  
 Dr Sue Nightingale  
 Mr Oliver Roberts  
 Mr Peter Young  
 Mr Murray Hendy

## CEO

Kay Fletcher  
 Office  
 251 Lichfield Street  
 PO Box 22 004  
 Christchurch 8140

Phone: 64 3 377 7020  
 Email: [enquiries@comcare.org.nz](mailto:enquiries@comcare.org.nz)  
 Website: [www.comcare.org.nz](http://www.comcare.org.nz)

## Accountant

BDO Chch. Ltd

## Auditor

HKF Ltd

## Solicitors

Papprills

## Bank

Westpac

## Acknowledgements

We would like to acknowledge the significant support of the following organisations that enables Comcare Trust to continue its work on behalf of people who experience mental illness in Canterbury.

Canterbury District Health Board  
 Ministry of Social Development  
 Ministry of Business Innovation & Employment  
 via Social Housing Unit  
 The Rata Trust  
 Supporting Families NZ



## 2015 ANNUAL REPORT

## Chair &amp; CEO Report 2015

As Comcare Trust matures as a community organisation with a special interest in meeting the needs of people whose lives are significantly affected by mental illness and addictions, we reflect on knowledge gained from the past to inform best practice for the future. Central to our Kaupapa is the belief that the people we are working with are fully involved and central to our decision making about their way forward. "Ko te whakaora, he hikoi whakāmarama. Māna anō tōna ake ara whakaora e whakarau" ("A journey of discovery where an individual leads their own unique process of moving forwards").

The past year has seen developments in services, particularly related to strengthening our links with primary care and concern for our clients' physical health. We have developed a Maori Health Plan with the aim of providing better services to our Maori clients and working effectively with Maori organisations. We are also now a registered Community Housing Provider and have extended our capacity to provide both short and long term housing for people in need.

Working closely with others, whether they be Specialist Mental Health Services, Primary Care, other NGOs or government agencies, remains an essential component of our day-to-day practice, as is an objective eye to the best ways of delivering better, more inclusive services to our clients.

We continue to maintain our long held, strong belief in building on the strengths of the people we work with, their families/whanau and communities. This is reinforced every day as our staff engage in their work. Innovation is essential but must emerge from these reciprocal relationships with the people we serve and their families/whanau. People are central to our work.

Our challenge for the future is to apply ourselves with equal vigour to early intervention strategies and engagement, while maintaining our commitment to serve those most significantly affected by our system and their illness. We need to learn from the lessons of the past to ensure newly diagnosed people and their families have a very different experience and outcomes from those our organisation was established to support 30 years ago. Services need to be crafted from consumer experience and well researched best practice.

Our thanks again this year to our Board for their strong support, our funders and partners for their continued confidence in us to deliver outcomes for the sector, and most importantly our strong and loyal staff group who deliver and support Comcare services. Our city is slowly repairing itself in body and heart but we recognise that for many staff this journey is still incomplete and stressful.



Assoc. Professor Pauline Barnett  
Chair

Kay Fletcher  
Chief Executive

## Client Story

5 years ago I lived in the central city. I was not in a good space, struggling with the impact of mental illness, no employment and substandard housing. Things were quite grim.

I was referred to Comcare Community Support Service. I have had three different CSWs since then. Each of them encouraged me to go out to places, believing in me and reinforcing that I was better than I thought I was. It almost felt like I had an older sister. I knew they were on the end of the phone to give me hope and encouragement. They assisted me to consider moving flats, helped me engage with Comcare housing service and furnish my new flat.

My Comcare housing worker helped me with the process of finding a new flat; what to look for, what I would need for the flat, and assistance to move. In the end I found the flat myself, but I had someone support me to view it and sign the tenancy agreement. Without the housing service the whole process would've been so stressful.

During the process of looking for housing my CSW also referred me to Activelinks. My weight has always been up and down, but it was at the point where any exercise was difficult. Activelinks supported me by providing advice, information, emotional support, exercise equipment and motivation. At the beginning of this year I decided to have weight loss surgery and they supported me through this and afterwards. I have now lost 56 kgs which has been so life changing that it's hard to identify what it has done for me. I now feel confident and have self-belief; I can get around with significantly reduced pain; I am exercising more, feeling more motivated to do this; My blood pressure has decreased and I have been able to decrease my sleeping medication.

In 2013 my CSW referred me to Jobconnect where I was supported to find employment. The worker showed me how to look for work online, as things have changed since I had last looked for work. They assisted me put my CV and cover letter together and went cold calling with me to some employers. I found a job working weekends at a rest home. Jobconnect helped me to keep the job when challenges came up, making suggestions for how I could communicate with my employer. They offered to talk to my employer or take the option of sorting it out myself which I was able to do. A specific example of their support was around my criminal record which was linked to my periods of unwellness. They helped me work out how to talk about it with my employer to be able to reassure them and convince them to give people a second chance. The best thing I love about my job is liaising with family and seeing how I can use my journey in employment and study.

I now just have support from Activelinks and once a month from a CSW. It is reassuring to know that I can still phone someone if I need to, have support and encouragement to continue losing weight and to reflect back to me what I have achieved. I am looking forward positively and waiting to hear if my application to start a four year Social Work Degree next year is successful. I have found out what the learning services at Polytech can offer me and I am excited at the possibilities for the future.

All the Comcare staff that have supported me over the last five years, have had separate roles yet have worked together. They have linked with my clinical team but not been too focussed on my clinical needs. Most of all they have supported my journey rather than directing it and have always believed in me, and for this I will be forever grateful to Comcare.

## Comcare Board of Trustees



L to R – Dr. S. Nightingale, O. Roberts, Prof. A. Hornblow, Assoc. Prof. P Barnett, D. Griffiths, S. Lockhart, P. Young

## TheMHS Award



CEO Kay Fletcher receiving 2015 TheMHS Award from Hon Dr Kay Patterson, National Mental Health Commissioner of Australia

Comcare Trust was one of the recipients of a TheMHS award this year. The award was for the organisation's abilities as a sector leader, change agent and provider of excellence in post-earthquake Christchurch.

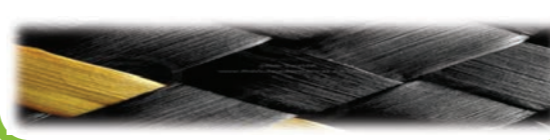
Comcare's innovative suite of support services has been enhanced by the changes the organisation made to deliver results in the high need post disaster environment. These services cater to some of the city's most vulnerable citizens.

The devastation of our city accelerated innovation to ensure a greatly improved, rapid access system to mental health support services, creativity in service delivery scope and practice, and the ability to cope with high and growing demand by a workforce significantly affected themselves by the events.

The organisation credits its strong sectorial relationships, its adherence to its strengths based philosophy and practice, and its skilled, dedicated staff for its resilience, creativity and success.

## Commitment to Māori Health

Comcare has undertaken a commitment to Māori Health which will ensure it provides appropriate services that are focused on clients and their whanau.



## Construction of 60 new flats

20 flats were completed this year and construction of 40 new flats underway with final completion set for mid-2016.



## Comcare endorses Equally Well

Comcare endorsed the Equally Well position paper and is integrating the initiative into its work to improve the physical health outcomes for people with experience of mental health and/or addiction issues.



## Murray Hendy



In June, Murray Hendy joined the Board of Trustees. Murray is currently Site Development Manager at Nurse Maude Association and brings 30 years' experience as a Chartered Accountant to the Board. He has held senior finance positions within the transport, tourism and health sectors.

## Carmen Lynskey



In September, Carmen Lynskey joined the team as Social Housing Manager. Carmen has extensive experience in the mental health sector, social housing, and community based health services.

## Jobconnect and Housing Service Move

In February, Jobconnect and Housing Support Services moved from Lincoln Rd to 173 Riccarton Rd.



## IIMHL Exchange



In September, our CEO, Kay and Support Services Manager, Vickie attended IIMHL Exchange with the Housing First/Chez Soir programme, and the leadership conference.

## Percival House

On 1 October, Comcare welcomed Percival House, an activity based peer support programme in Rangiora to its suite of North Canterbury Services and Peer Services.



## Community Housing Registration

In March, Comcare became fully registered as a Class 1: Social Landlord with the Community Housing Regulatory Authority.



## Comcare Website

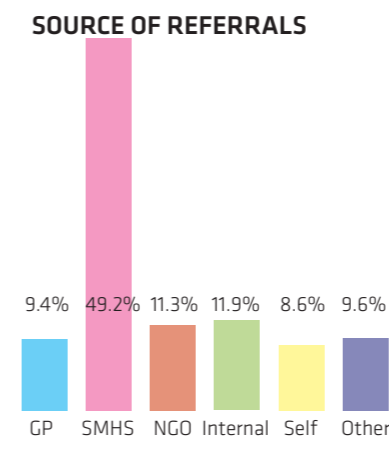
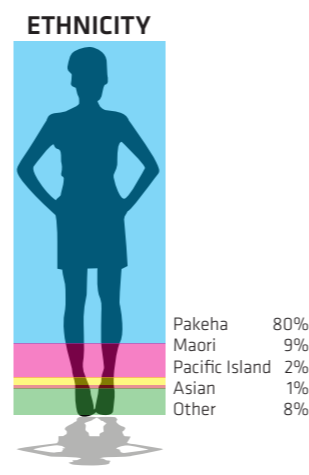
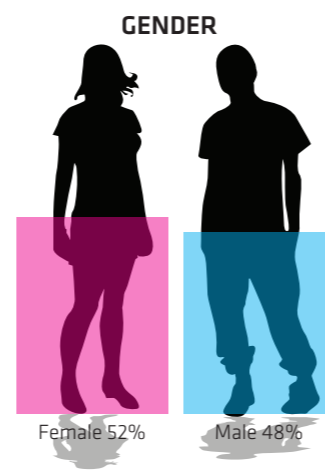
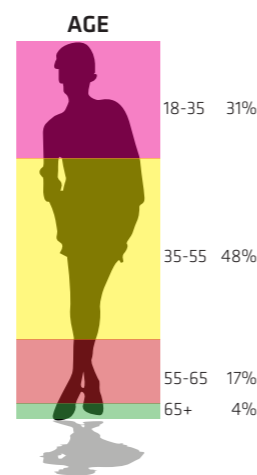
Comcare's new look website went "live" in July



## MSD's Short Term Housing Relief



Comcare continues its efforts to address the post-earthquake housing crisis in Christchurch by providing temporary accommodation through MSD's Short Term Housing Relief Programme.



COMCARE 2015 HIGHLIGHTS